

ONE DAY AT A TIME

**SENILITY PRAYER**

GRANT ME THE SENILITY TO  
FORGET THE PEOPLE I NEVER  
LIKED ANYWAY,  
THE GOOD FORTUNE TO RUN  
INTO THE ONES I DO, AND THE  
EYESIGHT 2 TELL THE DIFFERENCE ..

**ALWAYS REMEMBER THIS:**

**YOU DON'T STOP LAUGHING  
BECAUSE YOU GROW OLD,  
YOU GROW OLD BECAUSE  
YOU STOP LAUGHING!**

**LOVE YOURSELF ENOUGH TO TAKE CARE OF  
YOURSELF AND AGE GRACEFULLY.  
KEEP MOVING FORWARD—PURSUE LIFE!**