

ONE DAY AT A TIME

O GOD

GIVE ME STRENGTH TO LIVE ANOTHER DAY;
LET ME NOT TURN FROM ITS DIFFICULTIES;
LET ME NOT LOSE FAITH IN OTHER PEOPLE;

KEEP ME SWEET AND SOUND OF HEART, IN
SPITE OF INGRATITUDE, TREACHERY & MEANNESS
PRESERVE ME FROM MINDING LITTLE STINGS
OR GIVING THEM;

HELP ME TO KEEP MY HEART CLEAN, AND TO
LIVE HONESTLY AND FEARLESSLY;
OPEN WIDE THE EYES OF MY SOUL THAT I
MAY SEE GOOD IN ALL THINGS;

GRANT ME THIS DAY SOME NEW VISION;
INSPIRE ME WITH THE SPIRIT OF JOY AND
GLADNESS; AND MAKE ME THE CUP OF
STRENGTH TO ALL THE SUFFERING SOULS
THAT I MAY HELP IN THE NAME OF OUR
LORD AND SAVIOR, JESUS CHRIST, AMEN.