

A LIST TO KEEP

THE MOST DESTRUCTIVE HABIT.....	WORRY
THE GREATEST JOY.....	LOVING GOD & OTHERS
THE MOST SATISFYING WORK.....	HELPING OTHERS
THE UGLIEST PERSONALITY TRAIT.....	SELFISHNESS
THE MOST ENDANGERED SPECIES.....	DEDICATED LEADERS
OUR GREATEST NATURAL RESOURCE.....	OUR YOUTH
THE GREATEST "SHOT IN THE ARM".....	ENCOURAGEMENT
THE GREATEST PROBLEM TO OVERCOME.....	FEAR
THE MOST EFFECTIVE SLEEPING PILL.....	PEACE OF MIND
THE MOST CRIPPLING DISEASE.....	EXCUSES
THE MOST POWERFUL FORCE IN LIFE.....	LOVE
THE MOST DANGEROUS ENEMY.....	A GOSSIPER
THE WORLD'S MOST INCREDIBLE COMPUTER.....	THE BRAIN
THE WORST THING TO BE WITHOUT.....	H O P E
THE DEADLIEST WEAPON.....	THE TONGUE
THE TWO MOST POWER-FILLED WORDS.....	I CAN
THE GREATEST ASSET.....	FAITH
THE MOST WORTHLESS EMOTION.....	SELF - PITY
THE MOST BEAUTIFUL ATTIRE.....	S M I L E !
THE MOST PRIZED POSSESSION.....	INTEGRITY
THE MOST POWERFUL COMMUNICATION.....	P R A Y E R
THE MOST CONTAGIOUS SPIRIT.....	ENTHUSIASM

TO THE WORLD , YOU MAY BE ONE PERSON ;
BUT TO ONE PERSON , YOU MAY BE THE WORLD !
AS U GET OLDER THREE THINGS HAPPEN. THE FIRST IS YOUR
MEMORY GOES, AND I CAN'T REMEMBER THE OTHER TWO .

IT USED TO BE IF YOU WERE "**SOUND AS A DOLLAR**" YOU
WERE CONSIDERED TO BE IN PERFECT HEALTH—TODAY ,
IT MEANS YOU ARE IN BAD SHAPE .

HAPPY HOLIDAYS TO YOU ALL .