

ONE DAY AT A TIME

HOW TRUE IT IS

ANOTHER YEAR HAS PASSED AND WE'RE ALL A LITTLE OLDER. LAST SUMMER FELT HOTTER AND WINTER SEEMS MUCH COLDER.

I RACK MY BRAIN FOR HAPPY THOUGHTS, TO PUT DOWN ON MY PAD, BUT LOTS OF THINGS, THAT COME 2 MIND JUST MAKE ME KIND OF SAD. THERE WAS A TIME NOT LONG AGO WHEN LIFE WAS QUITE A BLAST. NOW I FULLY UNDERSTAND ABOUT 'LIVING IN THE PAST'.

WE USED TO GO TO FRIENDS' HOMES, BASEBALL GAMES AND LUNCHESES. NOW WE GO TO THERAPY TO HOSPITALS, AND AFTER FUNERAL BRUNCHESES. WE USED TO HAVE HANGOVERS, FROM PARTIES THAT WERE GAY. NOW WE SUFFER BODY ACHES AND SLEEP THE NIGHT AWAY. WE USED TO GO OUT DINING, AND COULDN'T GET OUR FILL. NOW WE ASK FOR DOGGIE BAGS, COME HOME AND TAKE A PILL. WE USED TO TRAVEL OFTEN TO PLACES NEAR AND FAR. NOW WE GET BACKACHES FROM RIDING IN THE CAR.

WE USED TO GO OUT SHOPPING FOR NEW CLOTHING AT THE MALL. BUT, NOW WE NEVER BOTHER...ALL THE SIZES ARE TOO SMALL. **THAT, MY FRIEND IS HOW LIFE IS, & NOW MY TALE IS TOLD. SO, ENJOY EACH DAY, LIVE IT UP BEFORE YOU'RE TOO DARN OLD !!!**